



5.0 Retail cut identification Beef, Lamb and Pork

There are three (3) answer areas required for the Retail cut identification class. These are:

- Species (Beef, Lamb or Pork)
- The retail cut name (e.g. Rump steak), and
- The primal name from which the retail cut was derived (e.g. Rump)

Students will have 15 minutes to assess, identify and answer 25 retail cuts.

(Please note: students will **NO** longer be required to identify a cook method)

5.1 Beef retail cut identification

| SPECIES | RETAIL CUT | PRIMAL |
|---------|------------------------|--------------|
| Beef | Rump Steak | Rump |
| Beef | Rump Cap Steak | Rump Cap |
| Beef | Fillet Steak | Tenderloin |
| Beef | Ribeye Steak | Cube Roll |
| Beef | Rib Steak Bone-in | Rib set |
| Beef | T-Bone Steak | Shortloin |
| Beef | Sirloin Steak Bone In | Shortloin |
| Beef | Sirloin Steak Boneless | Striploin |
| Beef | Oyster Blade Steak | Oyster Blade |
| Beef | Flat Iron Steak | Oyster Blade |
| Beef | Flank Steak | Flank |
| Beef | Round steak | Knuckle |
| Beef | Topside Steak | Topside |
| Beef | Silverside Steak | Silverside |
| Beef | Chuck Steak | Chuck |
| Beef | Blade Steak Bone In | Blade |
| Beef | Blade Steak Boneless | Blade |
| Beef | Short Ribs | Forequarter |
| Beef | Shin Beef Bone In | Shin |
| Beef | Shin Beef Boneless | Shin |

5.2 Lamb retail cut identification

| SPECIES | RETAIL CUT | PRIMAL |
|---------|---------------------------|-------------|
| Lamb | Mid Loin Chop | Loin |
| Lamb | Chump Chop | Chump |
| Lamb | Rib Loin Cutlet | Rib loin |
| Lamb | Frenched Rack | Rib loin |
| Lamb | Neck Chop | Neck |
| Lamb | Best Neck Chop | Neck |
| Lamb | Leg Chop | Leg |
| Lamb | Fillet | Tenderloin |
| Lamb | Forequarter Chop | Forequarter |
| Lamb | Round Steak | Leg |
| Lamb | Topside Steak | Leg |
| Lamb | Butterfly Steak | Eye of loin |
| Lamb | Round Roast | Leg |
| Lamb | Topside Roast | Leg |
| Lamb | Eye of loin | Loin |
| Lamb | Ribs (portioned or whole) | Forequarter |
| Lamb | Shank | Leg |
| Lamb | Rack | Rib loin |
| Lamb | Rump steak | Leg |
| Lamb | Leg roast | Leg |
| Lamb | Rump roast | Leg |

5.3 Pork retail cut identification

| SPECIES | RETAIL CUT | PRIMAL |
|---------|-----------------------|-------------|
| Pork | Spare ribs | Belly |
| Pork | American ribs | Forequarter |
| Pork | Belly | Belly |
| Pork | Scotch fillet steak | Collar Butt |
| Pork | Loin chop | Loin |
| Pork | Loin cutlet | Loin |
| Pork | Loin steak | Loin |
| Pork | Butterfly steak | Loin |
| Pork | Rolled loin roast | Loin |
| Pork | Fillet | Tenderloin |
| Pork | Leg roast | Leg |
| Pork | Rolled shoulder roast | Forequarter |
| Pork | Forequarter chop | Forequarter |



6.0 Saleable items identification

Beef Primals and Offals

There are three (3) answer areas required for the Saleable items identification class. These are:

- The saleable item name
- The region of the carcase from which the saleable item is located (butt, forequarter, flank, loin, rib set or offal)
- The primal name from which the saleable item was derived

Students will have 15 minutes to assess, identify and answer 25 saleable items.

| Name | Region | Primal |
|----------------------|---------------------|----------------------|
| Thick flank | Butt | Thick flank |
| Knuckle | Butt | Thick flank |
| Knuckle centre | Butt | Knuckle |
| Knuckle cover | Butt | Knuckle |
| Topside | Butt | Topside |
| Topside cap-off | Butt | Topside |
| Eye of topside | Butt | Topside |
| Flank Steak | Flank | Thin flank |
| Internal flank plate | Flank | Thin flank |
| External flank plate | Flank | Thin flank |
| Flap meat | Flank | Internal flank plate |
| Inside skirt | Flank | Abdominal cavity |
| Brisket | Forequarter | Brisket |
| Point end brisket | Forequarter | Brisket |
| Navel end brisket | Forequarter | Brisket |
| Chuck | Forequarter | Chuck |
| Chuck square cut | Forequarter | Chuck |
| Neck | Forequarter | Chuck |
| Chuck roll | Forequarter | Chuck |
| Chuck crest | Forequarter | Chuck |
| Shin-Shank | Butt or Forequarter | Shin-Shank |
| Chuck tender | Forequarter | Blade |
| Blade | Forequarter | Blade |
| Bolar blade | Forequarter | Blade |
| Oyster blade | Forequarter | Blade |
| Cube roll | Forequarter | Cube Roll |
| Cube roll plate | Forequarter | Cube Roll |
| Rib eye muscle | Forequarter | Cube Roll |
| Shortloin | Loin | Shortloin |
| Striploin | Loin | Shortloin |
| Tenderloin | Loin | Tenderloin |
| Butt tender | Butt | Tenderloin |
| Short ribs | Rib Set | Short Ribs |
| Intercostals | Rib Set | Intercostals |

| Rump | Butt | Rump |
|--------------|------|------------|
| Tri Tip | Butt | Rump |
| Rump cap | Butt | Rump |
| Rump centre | Butt | Rump |
| Eye of rump | Butt | Rump |
| Rostbiff | Butt | Rump |
| D-Rump | Butt | Rump |
| Silverside | Butt | Silverside |
| Outside | Butt | Silverside |
| Outside flat | Butt | Outside |
| Heel muscle | Butt | Silverside |
| Eye round | Butt | Outside |







| Name | Region | Primal |
|-----------------|--------|-------------------------|
| Heart | Offal | Thoracic Cavity |
| Pizzle | Offal | Pizzle |
| Liver | Offal | Liver |
| Kidney | Offal | Kidney |
| Tendons | Offal | Tendons |
| Tripe | Offal | Gastro Intestinal Tract |
| Large intestine | Offal | Gastro Intestinal Tract |
| Tongue | Offal | Head |
| Beef Cheeks | Offal | Head |
| Rumen Pillar | Offal | Gastro Intestinal Tract |
| Lungs | Offal | Thoracic Cavity |
| Small Intestine | Offal | Gastro Intestinal Tract |
| Head Meat | Offal | Head |
| Lips | Offal | Head |
| Tail | Offal | Tail |
| Spleen | Offal | Gastro Intestinal Tract |
| Thick skirt | Offal | Abdominal cavity |
| Thin skirt | Offal | Abdominal cavity |

